

Manage Symptoms of COVID-19 with Homeopathy

By Toni Eatros, MS, Dipl Ac, AP

I know you are tired of hearing about COVID-19 and the novel coronavirus. However, I am going to offer you something different today. A plan of action to take if you or a loved one becomes ill with the virus and cannot get into a hospital for treatment. Unfortunately, the United States is extremely under-prepared to deal with this pandemic. By all estimations, we will very quickly run out of hospital beds and ventilators. The hospitals in Italy are almost collapsing because they cannot keep up with demand. So what can we do? Is there an alternative?

Today, we are here to talk about keeping you and your family safe from this rapidly spreading novel coronavirus, aka COVID-19. Our current medical system does not have a vaccine or approved drug to treat this virus and it will be a while before they do. Meanwhile, the novel coronavirus is spreading throughout the world at a tremendous rate. Not waiting for us to be ready. This means, we are on our own and we need to get prepared now. Our medical community does not currently have a treatment for this virus. Practical homeopathy, however, does.

I am Toni Eatros, Acupuncture Physician and Functional Medicine Specialist. Throughout my years of continuous study, I have acquired a large variety of knowledge and tools to treat all types of illnesses, acute, chronic and yes, even pandemic viruses. I have extensively studied and used herbs and supplements over the years, but in this case, I truly believe that practical homeopathy will be the hero of the year, if we can get the word out.

There is a ton of information out there about how to boost your immune system, so I am not going to spend time going over the basic natural medicine approach. I will however spend time telling you about the practical homeopathy approach to treating infectious disease, specifically coronaviruses in general.

Homeopathy Facts:

- 100+ million people worldwide depend on homeopathy
- Inexpensive compared to pharmaceuticals and many herbal preparations
- It is the safest and most effective medicine for many acute and chronic illnesses
- Research and trials have been conducted for over 200 years proving its efficacy.
- Unlike nutrition guidelines and fads, homeopathy has not changed over the centuries. What was true then, is still true today.

- It is safe for everyone, non-toxic and side effect free.
- There is no drug interactions with pharmaceuticals or any other products you may be taking.
- They do not expire if kept at proper temperature.

It is safe for:

- Pregnant women
- Babies
- Children
- Nursing mothers
- The elderly
- The unconscious
- Pets
- Plants

• Most importantly.....Homeopathy works!

Homeopathy's curative ability is not restricted to headaches, runny noses and fevers. It has the ability to combat the most deadly illnesses and has made such striking impacts as to warrant historical significance. This is why we are talking about this medicine today.

Historical Uses of Homeopathy:

- **Typhus outbreak in Germany, during the year 1813:**
 - 70%-80% of patients treated with the medical techniques of the time died.
 - 2% of patients treated with homeopathy died
 - The 1918/19 Spanish Flu pandemic:
- **About 500 million people or 1/3 of the world's population became infected with this virus.**
 - Deaths were estimated to be at least 50 million worldwide with about 675,000 deaths occurring in the United States.
 - There were no flu vaccines, antiviral drugs, antibiotics or mechanical ventilators.
 - Treatment tools were basic and limited to supportive care and unproven remedies.
 - Control efforts worldwide were limited to non-pharmaceutical interventions such as isolation, quarantine, good personal hygiene, use of disinfectants, and limitations of public gatherings, which were applied differently in the different countries. (Does any of that sound familiar right now?)
 - The medical treatment had a mortality rate of 30%.
 - The mortality rate for those treated with homeopathy was only 1.05%.

Homeopathy came to the rescue, quite literally, when it was administered to people that had contracted the virus.

I have so much more to say, but am limited here, so I am going to urge you to listen to my homeopathy podcasts for more information. Go to anchor.fm/anh4566. All of my podcasts are located there. Season #1, Episode 11 talks about homeopathic medicine in general. Season #2, Episodes 1 and 2 talk about managing symptoms of COVID-19 using homeopathy, especially if emergency care becomes difficult to obtain.

I apologize for the bummed subject matter today. It is not my intention to cause fear in your heart. It is, however, my intention to empower you to prepare and protect yourself and your family during this time of limited options.

In my Season 1, Episode 11 podcast I discuss classical homeopathy versus practical homeopathy. In a nutshell, in classical homeopathy, the practitioner scours over more than 6000 homeopathic medicines to find the exact one medicine to treat all of the ailments of the person sitting in front of them. They usually give only one highly potentized dose of the medicine and then they wait and see, sometimes over the course of months, if the medicine was chosen correctly. When it is chosen correctly, the results can be miraculous. However, there is a lot of user error in this method and frankly, sometimes we don't have months to wait to see if it worked.

If you contract the novel coronavirus, you need results immediately. This is where practical homeopathy comes in. In practical homeopathy, we treat much like our current medical system does. We ask, what are the symptoms? What homeopathic medicine treats those symptoms? Unlike classical homeopathy, practical homeopathy uses multiple remedies simultaneously, and at varying intervals and potencies.

I do not feel like it is an accident that I have recently been submerged into this medical system, just as the novel coronavirus is sweeping through the lands. I have been learning from a variety of mentors and homeopaths, however, the information we are talking about today comes from the Dr Prasanta Banerji Homoeopathic Research Foundation - Home of the Banerji Protocols. This is the busiest medical clinic in the world and they have remarkable results in the treatment of all kinds of illness, especially cancer. They are experts in homeopathy.

This homeopathic center in Kalcutta India has been run by 4 generations of drs for the past 130 years. Dr's there see 1000 patients every day, 7000 people per week. The foundation has calculated all of the prescriptions and outcomes over the years to arrive at the famous Banerji Protocols. Depending on the ailment, there are one to three lines of treatment.

The first line of treatment is always used first and is expected to cure or offer relief in 80% of cases. In the remaining 20% of cases, where the first line was not effective, the 2nd line of medicines are administered. In some illnesses, there is a 3rd line of medicines that are used if the 1st and 2nd lines do not give proper response in a reasonable time frame. The percentage of people needing the 3rd line protocol is very small.

The Banerji's have extensive experience effectively treating SARS (Severe Acute Respiratory Syndrome). The SARS virus is also a coronavirus. Although it had a higher mortality rate than the novel coronavirus, the rate of transmission was not nearly as fast.

What is important is the symptoms of SARS are similar to the symptoms of COVID-19, so it makes sense that the homeopathic medicines that effectively treated symptoms of SARS could effectively treat the same symptoms from the novel coronavirus.

In practical homeopathy, we do not target a particular virulent organism, we choose medicines based on symptoms. These viruses result in an acute respiratory tract infection known as the common cold, with the sudden onset of symptoms like headache, difficult or labored breathing, malaise, fever, sore throat and cough. The illness can progress rapidly into complications from pneumonia and severe breathing issues. Many people require emergency care and the use of ventilators in order to recover. Once the illness has resolved, many people have permanent fibrosis and damage to their lungs.

The Banerji's have given us two lines of medicines to treat these viral symptoms. Although, we don't have treatment results for this particular coronavirus, yet, these two protocols were effectively used to treat SARS, also a coronavirus with a similar symptom presentation.

I heard that the Government of India has suggested the residents of India to use homeopathy prophylactically. They are recommending that everyone take one dose of Arsenicum album 30C, every 24 hours for a total of three doses. This is to be repeated at the same time every month. The hope is that the Arsenicum will reduce the number of people that become infected by the virus, thereby slowing transmission.

It is very important that when googling these medicines, be sure you are looking at the homeopathic indications and NOT the herbal indications. These are not the same medicines. This confusion is why it is wise to seek out the expertise of an experienced practitioner when you are not sure about using a medicine.

In an effort to supply you with options for combatting COVID-19, I have put together 3 different "coronavirus homeopathic kits" based on the Banerji Protocols and the advice from the government of India.

The person using these kits needs to be trained on how to properly use them in order to maximize treatment efficacy. Some of the items in the kits are tricky to obtain. Usually, a licensed medical professional needs to order them. It takes at least one full week to receive ordered items. This virus is spreading at alarming speeds. You cannot wait until you develop symptoms to get this kit because you need to start taking these medicines at the very first sign of illness. So, I suggest planning ahead and having these medicines on hand before you need them. Unfortunately, for some it could be the difference between life and death.

Coronavirus Homeopathic Kits:

• **Basic Kit Includes:** (Effective for 80% of people)

- The 5 medicines and enough refills needed for the first line Banerji protocol for 14 days of treatment.
- Arsenicum album 30C for prevention, which is a five month supply of this prophylactic medicine for one person.
- Detailed instructions on how to effectively use these medicines. Without this knowledge, the kit is useless.
- \$178 + \$15/\$40 postage and handling depending on speed

• **Deluxe Kit Includes:** (Effective for 80% of people)

- Everything in the Basic Kit
- Aconitum + Bryonia (a combined medicine) that you will use at the first sign of any upper respiratory infection symptoms. Often, appropriate dosing of this medicine will prevent the symptoms from going deeper, to the point you might not even need the actual virus protocol to treat deeper lung and breathing issues.
- Many people are feeling fearful, stressed and anxious about the coronavirus, so I have also included a medicine to address the emotional aspect of this pandemic. This medicine will vary depending on if you are male or female.
- \$220 + \$15/\$40 postage and handling depending on speed

• **Supreme Kit Includes:**

- Everything in the Deluxe Kit
- The 2nd line protocol medicines. The Basic and Deluxe Kit will likely be effective for 80% of the people. The 2nd line homeopathic medicines, there are two, will most likely address the remaining 20% that the first line didn't help. The Supreme Kit contains both the 1st and 2nd line protocols.
- Gelsemium, this medicine was extremely helpful in treating the Spanish Flu of 1918/19.
- \$300 + \$15/\$40 postage and handling depending on speed

What about expiration dates of these medicines? The FDA requires that the pharmacy put an expiration date on the medicine, but in all actuality, if they are kept in the cabinet of your house, they will not expire.

What if the coronavirus doesn't affect your community? The medicines in the kit treat symptoms. If you don't need to use them for COVID-19, which I hope you don't, they can be used individually at a later time to treat any virus that causes the symptoms we have been talking about. I include information on how to use the medicines once this current scare is over. However, don't forget, the Spanish Flu of 1918 had three waves over the course of two years, so I would hold on to them a while before breaking up the kit.

If you are interested in purchasing one or more of these Coronavirus Kits, please call my office, 239-260-4566 to order. For more information, please listen to my podcasts at anchor.fm/anhs4566. I want to stress again, that the purpose of this article is to empower you and to give you access to an easy, prepared kit that is ready to use at a moment's notice. I want to offer you some peace of mind. I want you, your family and neighbors to stay healthy. I want our communities to stay healthy.

So be smart out there. Wash your hands frequently. Don't touch your face, eyes, nose or mouth when you are out in public. Stop unnecessary travel for now. And most importantly, if you start having symptoms of the common cold or flu, STAY HOME.

Call NOW To Schedule An Appointment

239-260-4566

www.AcupunctureSolutionsOnline.com

*Yours In Health & Wellness,
Toni L. Eatros, AP*